



(REVIEW ARTICLE)



## Evolution of nucleic acid extraction methods and its role in development of complex human diagnostic solutions with special reference to tuberculosis: A review

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Magna Scientia Advanced Research and Reviews, 2023, 09(02), 115–146

Publication history: Received on 31 October 2023; revised on 10 December 2023; accepted on 12 December 2023

Article DOI: <https://doi.org/10.30574/msarr.2023.9.2.0166>

### Abstract

Nucleic acid extraction from biological sources has evolved with time and is currently one of the most important contributors to the development of modern human molecular diagnostics. Pure and sufficient quantity of DNA and RNA from limited quantity of cells, which may be fresh or archived, holds key to successful detection of source and cause of many diseases. The challenges of cell disruption to release nucleic acids and the wide range of strategies applied to purify them by removing various enzyme inhibitors are discussed. The demographic spread of the disease of tuberculosis, hurdles faced during transportation of the clinical samples for nucleic acid extraction of *Mycobacterium tuberculosis* pathogen and different detection technologies supported by the extracted pathogen nucleic acid are reviewed.

**Keywords:** DNA; Purification; Extraction; Detection; Tuberculosis.

### 1. Introduction

In all form of biomedical research and modern genetic testing, isolation of nucleic acid from clinical samples is an essential and a baseline activity that precede all others. This is considered as one of the most important steps that decide the success or failure of all other molecular techniques [1, 2, 3]. Although the protocols may vary to a significant extent, the success of this process is decided by some key steps which include appropriate and adequate lysis of the biological cells that harbor the target analyte, proper disruption of the nucleoprotein complexes, inactivation of various nucleases that destroy DNA and RNA and an efficient purification process that removes interfering agents that can negatively influence downstream applications [4, 5].

In the broader terms, the isolation of all the three critical biomolecules, viz., DNA, RNA and protein are crucial for modern biotechnology [6]. For a large array of products developed across the world with special reference to diagnostic kits, these steps are primary and important. The target sources for these molecules are varied and ranges from preserved tissues, various kind of cells, viruses and other clinical or biological samples that are required for different analytical or preparative purposes [6].

In the domain of research, two broad categories of extraction processes are encountered, one being extraction of recombinant materials that include plasmids and bacteriophages while the other, genomic DNA of various cells, both prokaryotic and eukaryotic [7]. Further complexities in extraction of nucleic acids commence when the purification needs extend to harvesting of analytes free of proteins, carbohydrates, various lipids and also from other nucleic acids such as DNA free of RNA or RNA free of DNA [8].

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Another aspect that is of immense significance in the world of extraction of biomolecules is its integrity. A high degree of yield of a DNA or RNA without proper structural integrity is not of much use in biological research of clinical diagnostics [9]. RNA, for example, is an extremely fragile and biologically unstable molecule. It remains intact for a very short period of time when extracted from its source (very short half-life) [10]. In biological cells, a wide varieties and types of RNA are present. These include the ribosomal RNA that comprises of around 80% to 90% of the total RNA content. This is followed by the messenger RNA or the mRNA (2.5% to 5%) and the transfer or t-RNA [8]. The methods and processes for extraction and isolation of RNA from biological sources present special challenges due to the omnipresent nature of the RNA degrading enzyme RNAase which is available in virtually all biological samples including bacteria and fungi in the environment [8, 10]. Extraction of this biomolecule therefore call for use of very strong denaturants that kept the integrity of the RNA molecules intact on one hand and prevent the activities of the ubiquitous RNAase enzyme on the other [7]. Added to this, the extraction of RNA always require excellent laboratory practices also.

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## 2. Nucleic acid extraction techniques: Its role and evolution

Although nucleic acid extraction processes are known to the scientific community for decades, there has been a sustained *albeit* slow evolution that has ultimately led to enhanced superiority of the techniques. Research and academic progress in biological sciences has now revealed that nucleic acids or “NAs” that exist inside the cell (intracellular) can be grouped into genomic DNA, extrachromosomal DNA and various types of RNA [11]. Despite the fact that RNA and DNA differ in only one type of base where the former contain uracil and the later, thiamine, [12] the basic chemical behaviors of both these NAs are similar. This distinct advantage played a role in the evolving nucleic acid purification techniques and methods and benefitted extraction and purification of both the group of molecules, *viz.*, DNA and RNA.

Popular methods of DNA purification involve electrophoresis, precipitation of the DNA using high salt, the use of spin columns and silica-coated magnetic beads [13]. A large number of commercial companies dominate this space and use these techniques and methods for development of good quality NA extraction kits for use in a NA extraction from a wide range of biological specimen types.

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## 3. Need for indigenization of NA-Extraction solutions in the country

India ranks among the sixth largest country of the world in terms of size. It has a population of around 1.21 billion (<http://www.censusindia.gov.in>) and is the country with second largest population in the world and home of 17.5% of all humans (<http://www.prb.org>).

In recent times, data show a decreasing trend in infant mortality rate in India among infants. In this scenario, the role of genetic disorders in deciding the shape of health in the country, is becoming increasing evident and high. This has therefore paved way for large scale genetic testing facility in nook and corner of the country [14].

In all cases, the need for an indigenous nucleic acid extraction tool with scope for continuous improvement and its manufacturing within the country, has never been felt so much before, especially in the backdrop of the recent COVID-19 pandemic in the country [15].

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## 4. DNA and RNA as important components in molecular biology research

In the field of molecular biology, extraction of biomolecules such as DNA, RNA and protein play a very crucial role. This is the starting point for all forms of product development that involve extraction kits for DNA, RNA and proteins.

DNA extraction broadly involve isolation and purification of two forms of cellular DNA, one being plasmids or extra chromosomal DNA and the other, the genomic DNA [7].

Successful extraction of NA from biological cells requires release of the NA from cells with high efficiency followed by removal of contaminants such as proteins and other undesired biomolecules which include carbohydrate, lipids, or other nucleic acids in order to acquire pure DNA without RNA contamination or RNA without DNA contamination.

DNA is a stable molecule and can withstand harsh extraction conditions. On the other hand, RNA is relatively unstable and with much lesser half life time period when out of the cellular environment. Therefore, extraction of RNA requires additional care and caution compared to its DNA counterpart. An important and challenging aspect of RNA extraction is the presence of the RNA degrading enzyme that is ubiquitous in nature, heat resistant and known to refold after denaturation. Hence, kits involving extraction of RNA require specially treated water, reagents and labware.

#### **4.1. History of DNA extraction and current trends**

DNA extraction from biological samples was first attempted by a Swiss Physician named Friedrich Miescher in the year 1869 with an aim to determine the chemical composition of human cells. Since then, the process of nucleic acid extraction has undergone sea change with new discoveries and inventions adding convenience, efficiency and economy to the already existing protocols.

#### **4.2. Evolution of nucleic acid extraction process and techniques**

Since the first discovery of extraction of DNA from clinical samples, the initial regular process of DNA extraction and purification was by density gradient methods. Later, the differential biophysical behavior of extrachromosomal DNA and chromosomes at alkaline environment was exploited for the isolation and purification of different types of DNA.

#### **4.3. The modern methods of DNA and RNA extraction**

The current methods of DNA and RNA extraction broadly hover between a few different technology platforms. These include solution-based methods, use of various silica coated natural and artificial solid supports which later paved the foundation for solid phase purification method, spin-column based procedures and silica-coated magnetic bead-based technology.

#### **4.4. The Solution based method**

This method involves the use of Guanidinium Thiocyanate-Phenol-Chloroform Extraction process. It is now widely known that salts are one of the most common impurities in NA extracts and hence there is a need to remove them prior to its use for any downstream application. This call for a single or more than one processes or steps for purification where the DNA is desalted prior to final use [16]. The other steps of NA acid extraction, viz., cell disruption, inactivation of cellular nucleases and separation of desired nucleic acid from the debris remains more or less the same.

#### **4.5. Phenol Chloroform as a medium for DNA and RNA purification**

In the solution method, purification of DNA and RNA using phenol chloroform is one of the most popular steps followed by the scientific community. Phenol is an inflammable, corrosive and toxic acid (carboxylic acid) and is known to denature proteins completely. However, an important shortcoming of this chemical is that it only partially inhibits RNase activity that is crucial for RNA extraction [17]. This problem eventually was resolved by using a mixture of phenol, chloroform and isoamyl alcohol at a ratio of 24:24:1. Using this combination, all contaminants that mainly comprise of proteins, carbohydrates and degraded cell wall materials after cellular disruption remain in the aqueous phase after lysis of the cells. However, after addition of phenol, chloroform and isoamyl alcohol mixture, these contaminants migrate to the hydrophobic phenol portion that is heavier and hence at the bottom of the tube while DNA remain in the hydrophilic aqueous upper phase. This upper phase is then collected and DNA is precipitated in presence of a salt and ethanol. This method of DNA and RNA extraction still remain the method of choice in many research laboratories working in the field of molecular biology.

#### **4.6. RNA extraction process evolved to address the intrinsic problem of RNA-instability**

The extraction of RNA from biological samples requires the use of a specific chaotropic agent represented by salts of Guanidine. This method was first described by Ulrich and co- workers (1977) [18]. However, the steps involved in use of this chemical [Guanidine thiocyanate] along with phenol chloroform was found to be time consuming and laborious. This was eventually replaced by use of a single reagent that comprised of guanidine thiocyanate and phenol as a mixture and was developed by Chomczynski and Sacchi (1987) [19]. In this process, the lysed biological specimen was mixed with the solution at an acidic pH environment. Guanidine salts are chaotropic in nature and hence promote protein denaturation.

This method of RNA extraction resulted in physical separation of RNA after lysis in aqueous environment in an acidic condition and is widely used as a method of RNA extraction worldwide [17]. This is followed by recovery of the RNA molecules by adding isopropanol at 1:1 volume and 1/10 volume of sodium acetate or equivalent salt.

#### **4.7. Alkaline lysis: The method to extract small extrachromosomal DNA**

With the advent of recombinant DNA technology, the need for extracting pure plasmid DNA became a priority. In order to address this, the alkaline method of plasmid DNA extraction evolved. This relied on the fact that covalent circular plasmid molecules denature at high pH (>13) and renature immediately when neutralized [20]. On the other hand, the

large, sheared genomic DNA molecules denature and remain in that state and eventually form complex with sodium dodecyl sulfate and precipitate [17].

#### **4.8. Ethidium Bromide [ETBr] -Cesium Chloride [CsCl] Gradient Centrifugation is a potent method of DNA and RNA purification**

Close to the alkaline method of plasmid DNA extraction and purification, yet another effective *albeit* expensive and tedious method of plasmid DNA purification evolved in the map of molecular biology techniques [21]. This method relies on the fact that DNA after incorporation of Ethidium bromide acquire a specific and precise molecular weight that dictate its alignment in a specific position in the Cesium chloride gradient slant generated by controlled centrifugation. This allows DNA molecules of varying sizes to physically separate, where each layer at a specific location in the Cesium chloride gradient thus allowing their isolation & rescue by puncturing the plastic tube with a sharp needle attached to a syringe.

#### **4.9. CTAB method evolved as a prominent DNA extraction protocol**

When plant molecular biology research took pace, there was a need to extract high quality plant DNA and RNA. However, it was eventually realized that plants contain high quantity of polysaccharides. This led to the use of the chemical called Cetyltrimethylammonium bromide (CTAB). This is a non-ionic detergent that precipitates DNA & RNA and other acidic polysaccharides from low ionic strength solutions. However, at high ionic strength solution, CTAB fails to precipitate the nucleic acids and instead forms complex with proteins. This method is therefore very useful in extraction of DNA and RNA from plants and certain specific types of bacteria where large quantity of polysaccharides are released during cell lysis [22].

#### **4.10. The emergence of Solid-phase Nucleic Acid Extraction**

With time, the inconvenience in handling solution-based DNA and RNA extraction and purification methods, was acutely felt. This paved way for an entirely new concept of DNA purification method that exploits a solid phase for the process. In fact, most of the modern-day DNA and RNA extraction kits currently use this technology. The method is rapid, convenient and efficient. In this process, the solid phase system absorbs the nucleic acid as a result of hydrogen – binding interaction with a matrix that is highly hydrophilic under chaotropic salt conditions allowing all other contaminants to get washed away except the nucleic acid molecules. The DNA or RNA is thereafter eluted from the silica solid support using a low salt buffer [23, 24].

#### **4.11. Different types of silica- coated solid support formats are in vogue**

A large number of different silica -coated DNA & RNA purification modules are used in modern times. Some prominent formats among them are as follows:

##### *4.11.1. Silica matrices*

These are prepared by refluxing silicon dioxide in sodium hydroxide or potassium hydroxide at a molar ratio of about 2:1 to 10:1 for 2 days. In this method, the DNA binds to the inorganic matrix and is thereafter released when treated with hot water [25].

##### *4.11.2. Glass particles*

In this method, DNA released from agarose gel, for example, are made to adhere to glass particles, powder or glass beads along with silica gel. While the principle for adhering of DNA remains the same, this is still a popular method of extraction and purification of DNA from biological sources [26].

##### *4.11.3. Diatomaceous Earth*

Diatomaceous earth, which is also known as kieselguhr or diatomite is known to have a very high silica content of around 94%. This therefore functions as an excellent solid support for extraction of DNA and RNA. The soil is mixed with crude cellular lysate containing the DNA or RNA under high chaotropic salt condition, which allows binding of the DNA/RNA to these silica-containing earth powder. Following rigorous washing, the bound nucleic acid is eluted using a low salt buffer [11].

##### *4.11.4. Magnetic Bead Based Nucleic Acid Purification*

The solid phase DNA and RNA purification technique underwent a sea change with the growth of knowledge of silica's DNA and RNA binding capability under specific chemical conditions. However, this technology reached its peak with the

knowledge that small magnetic beads can be coated with silica [27, 28]. This method allows temporary capturing of the DNA and RNA-bound beads to the wall of the tube by a magnet thereby giving the opportunity to wash away all residual impurities that remain in the solution. This can be repeated, theoretically, many times, to acquire desired purity of the nucleic acids. The captured molecules can then be released by detaching the magnet and adding a low ionic elution buffer. This releases the captured DNA into the added buffer. The nucleic acid-free iron particles are then captured again using a magnet and the DNA-containing buffer is removed to store or proceed with downstream applications.

#### 4.11.5. Spin columns

This technology involves use of cellulose membranes coated with silica or glass fibers that are loaded on to spin columns. DNA containing lysed cell suspension is passed through these columns using centrifugal force and in the presence of high concentration of chaotropic salts. The DNA binds to these silica-coated membranes while the contaminants are removed by repeated washing using ethanol-based wash buffers. The DNA thereafter is released by passing through a low ionic buffer such as water. This is one of the most popular methods of DNA and RNA extraction in current times [29].

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## 5. Biological cell wall disruption

Breaking of cell or its disruption involves destruction of the outermost layer of the cell that allow release of nucleic acid present inside it which is then amenable to purification and isolation. In the field of molecular diagnostics, breaking of cell wall play a crucial role and is often the first most important step towards a successful diagnostic experiment.

In the domain of biological experimentation, cell lysis may be either partial or complete in nature. Partial cell lysis, involving partial rupturing of cells using thin glass pipettes, is performed in procedures that involve 'patch clamping' and is a method of choice in assays related to testing of drugs and determination of strength of ions in a solution [30].

However, from this study's perspective, complete cell lysis is more important since it allows release of the entire nucleic acid content inside the cell into the suspension medium [31]. Given the fact that a range of micro and macromolecules in the form of DNA, RNA and several sub cellular components are simultaneously released, in molecular diagnostics, complete lysis of cell is almost always followed by purification of the target analyte prior to testing [32].

The international market shows strong trend towards technologies that are related to extraction of nucleic acid after its lysis with a projected business volume of 2.36 billion dollars in the year 2016 and 3.85 billion dollars in the year 2021 [33].

In recent times, the process of cell lysis followed by purification of the target nucleic acid analyte has undergone dramatic reduction in volume of samples also, that are handled. The concept of 'nano' or 'micro' has made inroads in this technology domain in a big way giving birth to an entirely new dimension of cell lysis and downstream applications at miniature scale which is now known as the 'microfluidics' [34].

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## 6. Role of human DNA in addressing critical diseases

A wide array of genes are now known where mutations are unequivocally linked to higher risk of cancer [35]. Despite the fact that a detailed pedigree analysis followed by conducting a genetic test is (often) expensive when compared to conventional therapy, it is often justified due to some obvious advantages associated with it [36].

The key to a good genetic report lies in the availability of good quality DNA or RNA as the case may be. Importantly, almost all techniques that utilize DNA as an analyte to detect or diagnose a disease rely on the uniqueness of the nucleotide sequence within a strand of DNA. Therefore, an array of detection technologies evolved once extraction of pure DNA from human cells was optimized.

One of the first technology to capture this featured was called the DNA-SSCP (single strand conformational polymorphism) where alteration of a base of the mutated gene fragment compared to its homologous counterpart resulted in reduced annealing temperature that made them assume a different conformation that was eventually captured by gel electrophoresis. [37]. The other methods similar to this are the HET or the heteroduplex analyses [38], chemical mismatch cleavage [39], the method of denaturing high-performance liquid chromatography [40] and the DGGE or the denaturing gradient gel electrophoresis [41].

Denaturing high performance liquid chromatography or the DHPLC is an useful DNA screening system for interrogating initial alterations in DNA that can result in aberrant functioning of a gene [40, 42, 43, 44, 45]. The principles that govern DHPLC is similar to that of heteroduplex analyses but involve highly specialized columns that has the capacity to separate DNA which differ from its counterpart by as little as a single base. In this technique amplified segment of DNA obtained from pure clinical DNA is denatured in a gradient environment. It has a solid phase which has higher affinity towards perfectly renatured DNA compared to heteroduplexes. The separation of heteroduplexes is monitored using the 260 nanometers absorption property of DNA. Data suggest that this is an efficient and reproducible method for screening mutations within a specific DNA fragment [46, 47]. The sensitivity and specificity of this method has been reported to be high and reliable [40, 44, 45].

With the advent of DNA sequencing, this technology has gradually assumed the position of ‘Gold standard’ in the field of genetic testing. Since the inception of this technology in the domain of genetic testing in the year 1990, there has been a steady and gradual progress with special reference to instrumentation and chemistry. This led to the development of automated genetic analyzers that not only increased the speed but also the accuracy of DNA testing in the world of molecular diagnostics [48].

In recent times, the DNA sequencing capabilities has dramatically improved with the advent of the next generation sequencing platforms. This has potential to reduce DNA sequencing cost in near future. Several platforms has evolved with time in this domain such as the Roche 454 and GS Junior system [www.454.com], the Illumina Genome Analysers-HiSeq and MiSeq [www.illumina.com], Ion Proton and Ion torrent [www.iontorrent.com].

Although the general perception about next generation sequencing [NGS] platforms is about sequencing of the whole genomes, several applications are available now that allow experiments to be performed that are similar to traditional DNA sequencing such as resequencing of genes for a targeted mutation [49].

One of the significant advantages of the NGS platforms is its ability to extract information from human DNA by analyzing selected panels of genes both of somatic and germline origins where all targets are processes in parallel [50, 51, 52]. This is particularly relevant in cases of cancer where a large number of genes collectively dictate disease cause and progression. With ongoing developments in the domain of NGS, new techniques are available now where the native DNA can be processed without any sort of preamplification by a process what is now known as single molecular sequencing (www.helicosbio.com). Another similar technology is the GridION system that is based on NanoPore technology developed by Oxford NanoPore Technologies, located in Oxford, United Kingdoms and the SMRT TECHNOLOGY (www.pacificbiosciences.com).

One of the greatest contributions of pure extracted human DNA to mankind is its potential to throw light on genetics of oncology. In the last decade and a little more, there has been a conscious departure from the theory of “one size fits all” in addressing oncology treatment to customized and highly individualized therapy. This paved way for the advent of precision medicine where genomic variants are carefully analyzed to decide a therapy. Precision medicine is the process or method of taking therapeutic decisions after taking into consideration the genetic variation or variation of gene expression of a subset of patients who all are expected to benefit the most from the proposed individualized therapy [53].

It is now more than 50 years that circulating cell-free DNA (cfDNA) is contributing to oncology management. These are DNA molecules that originate from healthy as well as diseases cells and are found circulating in the blood stream. There are a number of processes and events by which cell free DNA can be released from cells. These can be active secretion, necrosis or apoptosis. The process of necrosis releases DNA fragments that are larger in size (greater than 10, 000 bp) while the process of apoptosis releases DNA fragments of shorter length and in the range of 180-200 bp [54, 55] that is similar to the length of DNA molecule that is wrapped around one single nucleosome. Longer cfDNA are found but their quantity is lesser in comparison to the average range of cfDNA. Physiological events such as exercise or infection releases more cfDNA into the blood stream. However, the exact process of removal of cfDNA from the blood stream and its elimination is not clear. Not only kidney but organs such as liver and spleen has been discussed for its contribution in this elimination process of cfDNA. However, it is important to note that the average half-life of these cfDNA population is only 90 to 120 minutes [56].

There is another similar category of DNA that has been refined for its extraction process and is immensely contributing in the domain of oncology diagnostics. These are the circulating tumor or the ctDNA These short DNA fragments are released from human tumor cells and are a part of the overall cfDNA population in the blood. These categories of DNA carry vital genetic information embedded within them which include point mutations, rearrangements of the chromosome, variation in copy number and several others. Interestingly, the large proportion of ctDNA does not

originate from the circulating tumor cells. Instead, they originate from cells residing in solid tumors and are released through the mechanism of apoptosis and or necrosis [56]. Two types of patients show elevated cell free DNA. Apart from cancer patients, the other one includes pregnant women with fetal DNA that is also used for important diagnostic purposes [57].

The technical advances seen in modern oncology diagnostics owes a lot to the technology of extraction of various categories of DNA available from human body that has clinical diagnostic relevance [58, 59, 60, 61, 62, 63]. In recent times an alternative to tissue biopsy has come into practice by way of liquid biopsy. This technique has the potential to avoid specific disadvantages related to tissue biopsy such as bias in sampling, heterogeneity and intra-tumoral environment and obstacles pertaining to repeat DNA extraction from clinical samples [64, 65, 66].

The natural properties of cfDNA such as its short shelf life make it an immensely challenging analyte to extract. However, the primary obstacle stems from its low concentration in human blood that averages to a low of around 30 ng/ML and within the range of 1.8 to 44 ng/ML [67, 68]. However, the mean concentration of cell free DNA in patients suffering from cancer is around 180 ng/ML [69, 70, 71, 72]. Nevertheless, this quantity too remains challenging to detect. Adding to this difficulty is the low proportion of circulating tumour cell DNA that is around 0.01% of the total cell free DNA [73, 74, 75, 76]. After a good extraction of this category of DNA, the other major obstacle faced is the intense background of the cell free DNA that obscure the clinically important circulating tumour cell DNA. The short half-life of this category of DNA also makes it imperative that the extraction of DNA is performed fast and quick owing to their short half-life [61, 63, 77, 78]. Any fault in ctDNA extraction and detection can lead to mis diagnosis of cancer. Given the fact that polymerase chain reaction and all other downstream process of detection occurs after the extraction process, a good extraction is imperative for a sound cell free DNA based clinical diagnostics with special reference to oncology. In the present times, cell free DNA is typically extracted using silica-based spin columns, magnetic beads and the classical phenol chloroform based organic methods [63]. Among all these methods, the most popular is the spin column based one that is widely used across the world [79, 80, 81]. In this process, the DNA gets attached to the silica membranes in the presence of high concentration of chaotropic salts. This binding is reversible and can be altered to release the DNA by washing with a low salt buffer [82, 83].

Despite the fact that the spin column-based method of extraction generates high quality cell free DNA, the method has distinct disadvantages. It requires a high-speed centrifuge for processing the clinical sample, uses a range of solvents and buffers that are to be carefully and sequentially added to the tubes, calls for manual handling that brings in the chances of cross contamination and requires a skilled operator to perform the processing steps [84]. To address these lacunae, methods based on microfluidics has come into vogue that use further advanced methods of DNA extraction from biological sources. This includes the use of extraction methods that employ various solid phase microfluidics and employ micro-channels with extended surface areas, small, miniaturized fluid chips [85, 86, 87] and similar other methods mostly involving silica membranes [88, 89] or silica beads [90, 91, 92].

Newer methods of extraction of cell free DNA are being experimented in recent times. This include PIBEX technology (Pressure and immiscibility-based extraction) which is a method devoid of any centrifugation steps [93] and a lab-on-a-disc system [94].

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## 7. Detection of human pathogens using DNA & RNA as an analyte

The inability to take clinical decisions based on detection technologies which were not rapid neither accurate in identifying a pathogen in the past era led to most clinicians follow a very conservative therapeutical management approach. However, the benefit of this approach if any, were balanced by strong negatives such as empirical treatment, medical complications and unnecessary treatment, hospitalizations and emergence of drug resistance [95, 96, 97].

For a long time, molecular techniques such as polymerase chain reaction were projected as tool of the new generation with potential to make the existing classical diagnostic processes vintage and obsolete [98, 99, 102]. As this technology migrated, gradually from bench to bedside, the clinicians acquired greater spectrum of knowledge to decipher and use the data for the benefit of the diseased community [100].

With time, PCR evolved to accommodate larger spectrum of problems and generated wider range of data in a shorter span of time. The multiplex PCR, for example, interrogated multiple targets to generate data from each one of them at one go [101]. Repeat PCR using closely related PCR primer sets resulted in development of the nested PCR protocol that dramatically enhanced sensitivity and specificity [102]. The specificity of a reaction was strategically reduced to capture larger spectrum of genetic information within a wider group of organisms [103]. Detection of pathogens having RNA as their genome was made feasible because of the discovery of the process of reverse transcription that led to the

development of the reverse transcription PCR or RT-PCR which was instrumental in a big way in detecting RNA viruses [102].

However, the most dramatic evolution of the PCR process is the transition from conventional end point PCR to real time PCR technology. Here, both the amplification as well as the detection steps are integrated within a single reaction tube thus doing away with the laborious agarose gel detection method. Thus, it diminished the post amplification processes to near nil, restricting it to mere analysis of data using a wide array of software. Most importantly, real time PCR allowed accurate quantification of the targets [104].

Gradual evolution of technologies for extraction and purification of nucleic acid from human pathogens perfectly complimented the same in the domain of PCR technology with real time PCR emerging as a powerful method to detect such pathogens when pure and sufficient analyte is provided.

Therefore, a careful investigation into economic methods of development of DNA & RNA extraction methods should be duly complemented with development of customized real time PCR technology also to detect clinically important diseases such that economy and technological development occur at the same time and provide collective benefit to the community.

Different anatomical regions of human body are colonized by microbes which play vital role in deciding health conditions as well as diseases of the host [105]. To cite an example, microbes residing in the human intestine aid in processing compounds inaccessible to the human physiological environment [106] and also in maintaining host immune health [107, 108]. Similarly, the microflora of the vagina in human females assist in preventing diseases of the urogenital system and also in maintaining overall health of women [109, 110, 111].

In recent times there has been an increased interest in understanding the difference between individuals or groups of individuals that decide risk of a disease or its progression. In order to achieve this, a sound knowledge of the differences in microbial flora present within each individual, its diversity and distinctness play a crucial role. In the past several decades microbial information that evolved from cultivation-based methods provided invaluable information. However, they are mostly incomplete and fail to reflect the exact diversity prevalent in the flora. Further to this, a vast number and type of microbes still remain that are refractive to culture and cultivation and hence inaccessible to laboratory experimentation-based methods to understand them [112, 113, 114, 115].

This disadvantage led to development of molecular methods that analyze the 16S rRNA gene in order to understand microbial phylogeny and more importantly, this method can be adapted to microbes that cannot be cultured or cultivated in the lab [116, 117]. Therefore, this technique is adopted by a vast majority of laboratories that are interested in studying microbial community residing in the human body [118, 119, 120].

Most if not all of these methods of microbial analysis require DNA to be extracted from the microbial cells. Extensive studies have demonstrated that bacterial cell wall and its structure has a profound effect on the efficacy of extraction of DNA from the cells [121, 122, 123]. This issue can have serious repercussions as it has the capability to distort the representation of a specific portion of the microbial community found in it's natural flora [121, 124, 125, 126, 127, 128] and introduce unintended bias into the composition of the analyte [121, 123, 129]. However, despite this critical aspect, inadequate attention is received by the process of DNA extraction from mixed group of microbes [122, 130] which were eventually used to generate academically important data without proper validation of the composition of the extracted DNA.

There are multiple ways by which quality of extracted DNA can be evaluated. This include assessing the yield of DNA, measuring the shearing quotient of DNA and reproducibility of the extraction process. Physical method for lysing bacterial cells is very effective. However, one of the downsides of this method is intense and over shearing of the genomic DNA within the cells that generate smaller DN fragments. Such small fragments fail to respond to polymerase chain reaction that target a gene by amplifying a reasonably longer stretch of DNA [131, 132]. Having taken all points into consideration, a proper and accurate representation of DNA from all member microbes of a mixed community remains the most important criteria while analyzing microbial flora [124, 133]. This is so because the ultimate aim is to analyze DNA that has proper representation from all microbes in the mixed community without any bias of abundance or composition. However, most of the studies in this domain occurred on environmental samples where the true composition and abundance of any one microbe remains unknown thus making proper evaluation of appropriate representation of all microbe present practically impossible [121, 134, 135].



It is now abundantly evident that with the advent of improved methods of DNA extraction from living cells and evolution of complex and sophisticated DNA analytical methods, the field of medical research has benefitted immensely including the area of human microbial pathology. Techniques such as DNA sequencing, polymerase chain reaction (PCR), techniques related to DNA-DNA hybridization are now used extensively across the world for identification of microbial species. If seen closely, it will be found that a large number of bacterial species has been identified in recent times which are exclusively based on molecular data originating from DNA within them [136, 137].

While a majority of original methods for lysing of bacterial cells relied on organic extraction, additional agents to aid lysis of the bacterial cell also came into use. This include lysozyme, Tween 20, sodium hydroxide, sodium dodecyl sulfate, proteinase K, Triton X 100 and guanidine isothiocyanate [138, 139, 140, 141, 142, 143, 144, 145, 146, 147]. Apart from these agents, physical forces such as irradiation by use of microwaves, ultrasound waves, heating and cooling, use of magnetic fields and use of heat exchanger coils are also used in different proportions [138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151]. There are several protocols available that use all approaches, namely chemical, enzymatic and physical methods of lysing bacterial cells [138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152]. However, from a commercial point of view, most of these protocols are expensive as well as time consuming. To address this issue, several newer methods have evolved, some of them have been automated and are quicker and simpler to process from the operator's perspective. Nevertheless, cost continued to remain high for most of these protocols unless used in large volumes [147, 153].

An area where extracted pathogen DNA has immensely contributed to human health is in the domain of food borne pathogens. Contamination of food with pathogenic bacteria is associated with human mortality, animal suffering as well as significant burden to the country's economy. Most outbreaks have common symptoms that is seen by way of vomiting, fever and diarrhea which makes identification of the exact causal element difficult. The strong economic impact of food borne pathogens indicate the need for public awareness and safety. This is indicated by the food safety market of Europe that is primarily dominated by of food-testing technologies. This market has already reached around \$4 billion in the year 2018 and the anticipation for year 2025 is around \$6.5 billion [154]. Though the global rate of incidence of food borne diseases is difficult to ascertain, European Food Safety as well as the European CDC (Centre for Disease Prevention and Control) reported around 359, 700 cases of hospitalization and around 500 mortalities in the European Union in the year 2016 [155]. Using extracted DNA from the pathogen or its sources, methods such as use of sensors, nanotechnology and micro fluidics has recently added great value to DNA based diagnostics of food borne human pathogens [156].

Milk has been the home to pathogens that are very harmful to humans. Human population has been recorded to consume milk of several other mammals since a long period of time [157]. The main dairy animals that are recently recognized across the world are cattle, goat, water buffalo and sheep that collectively produce over 850 million tons of milk in a year [158].

Good level of nutritional content in milk makes it an excellent drink for human consumption. However, the downside is that its complex composition with very high fat content and a pH value that is close to neutral also provides an excellent environment for microbial growth and metabolism [159, 160]. Milk has an abundance of lactic acid bacteria that is beneficial to human health on one hand, but also allow growth of harmful pathogens that can spoil milk and cause human diseases [160, 161].

There are a variety of techniques by which bacterial organisms present in raw milk can be detected and identified [162]. These are primarily either phenotypic or genotypic methods. Phenotypic methods, mainly rely on culture-based techniques, are economical and cost effective but requires significant man-hours to perform and also consume a long period of time. Added to this, there is occasional absence of sufficient information generated to discriminate one type of pathogen from the other.

With the advent of improved DNA extraction techniques coupled with newer DNA based analytical methods, various supporting technology platforms has now evolved that can be used for confirming the information generated by traditional phenotypic methods [160, 162, 163]. A large number of DNA based analytical methods has developed over time to genotype pathogen present in milk. Interestingly, most if not all of these techniques rely on polymerase Chain Reaction or PCR that is now acknowledged as the central backbone of present molecular biology field. All of this is possible owing to the availability of good DNA extraction and purification methods that is dominated by silica membrane-based columns which produce excellent quality DNA for such purposes, although they are relatively expensive compared to extraction method by older techniques [164, 165, 166].

From the point of view of PCR, raw milk is notorious for the presence of a large range of chemicals that function as potential inhibitors for the *Taq* Polymerase enzyme-based reactions. Hence in almost all cases, there is a need for incorporating a specific step that is aimed exclusively to remove such inhibiting components or at least inactivating them such that they do not interfere with the process of PCR [167, 168]. This is precisely the reason why methods such as removal of apoproteins and components of the membrane of the fat globules by selective solubilization is performed using a range of nonionic and ionic detergents [169, 170]. One of the most effective such nonionic detergents is Triton X 100 that is used to treat bacteria harvested from raw milk for genetic analysis [171]. Apart from this, use of magnetic bead-based technologies and several other home-brew methods are also available for improving the quality as well as the quantity of extracted DNA [165, 172, 173, 174].

Since the advent of prokaryotic life on the earth almost 3.5 billion years from now, microbes remain the most widely found living organism [175, 176]. Given the fact that DNA is a very stable molecules and has the potential and capacity to remain in nature for thousands of years, one can find traces of such DNA in almost all places on earth's ecosystem. With the development of sensitive molecular biological technique such as 16S ribosomal RNA gene sequencing and the technique of shotgun gene sequencing using automated genetic analyzers, it is now possible to identify the lineage of a DNA also that is found in the nature's ecosystem. Very importantly using these sensitive techniques, it has now been found that reagents and chemicals used for extraction and purification of DNA from biological cells and a host of other reagents used in the process of genetic analysis of DNA, are contaminated with DNA originating from different bacterial sources [177, 178, 179, 180, 181].

There are a large number of research articles and publications that describe potential contamination of PCR and allied reagents with microbial DNA owing to their wide spread presence in various laboratories due to microbial DNA based research underway. Quite expectedly, several methods too have been prescribed from time to time to address this issue such as irradiation of reagents with ultraviolet light, treatment with different restriction endonucleases, treatment with ethidium monoazide [EMA], etc [181, 182, 183]. However, none of the methods proved to be reliable, consistent and durable. Despite this obvious knowledge prevalent in literature very few if any laboratories working on DNA sequencing of microbes use appropriate control to monitor such contamination or take steps to eradicate any possible microbial DNA contamination in the reagents [184]. Needless to say, this contamination is the cause for several reports of microbe-DNA data appearing in literature that surprisingly match with data obtained from apparent negative controls [184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196].

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## 8. Tuberculosis and India

This disease remains in the forefront of Indian health priorities for years together now. In the world, there were an estimated 10.4 million new cases and 1.8 million deaths resulting due to this disease as on year 2015. [197]. Out of this population, 2.8 million new cases have been documented to occur in our country with an estimated 0.48 million deaths per year because of this disease [198].

In the south-east region of Asia, out of the first six countries with very high burden of tuberculosis, India accounts for 28% of it [199]. As per the National TB prevalence survey published in the year 2021, the occurrence of tuberculosis infection in people with age less than 15 years was 31.3%. Further, around 5 to 10% of them developed the active form of the disease [200]. When a person infected with tuberculosis gets delayed diagnosis and treatment, he/she continues to infect newer people with the pathogen thereby creating permanent reservoirs of the microorganism in the society [201]. Therefore, people suffering from tuberculosis are always a threat to the society owing to its potential to maintain a perennial source of infection in the population by the time he or she is diagnosed and treated. This is precisely the reason why, breaking this chain of passing on the infecting capability from one individual in the population to another is one of the main aims of the World Health Organization-supported End TB Strategy [200, 202].

Addressing the challenge of controlling tuberculosis by blocking active tuberculosis pathogen infection is poorly discussed in our country. None the less, it remains one of the crucial components in our National Strategic Plan 2017-2025 to eradicate the disease in India by year 2025 [203]. A report by the lancet Commission on tuberculosis states that all strategies for diagnosis and treatment for this disease are likely to fail unless an appropriate preventive protocol for spread of the disease is adopted in the comprehensive strategy to control tuberculosis. [204].

### 8.1. Challenges posed by tuberculosis in the country

The increasing rate of ageing population in the country coupled with emergence of drug resistant tuberculosis is a new concern in India [205, 206]. In routine clinical practice, detection of tuberculosis is challenging since it does not display any critical symptoms until late-stage progression of the disease. Nevertheless, a prompt detection when the disease is

at its initial stage, is key to success in controlling tuberculosis in India and elsewhere [207]. In India, a low socioeconomic status and sub optimal conditions of living coupled with poor nutritional food habits are believed to be the most prominent factors enhancing the risk of spread of tuberculosis in the population. [209]. While the government takes disciplined steps to administer the BCG vaccine, its advantages are minimal compared to the spread of the disease and its effect gradually decline as the age of the individual progresses [208]. Added to this, the issue of latent tuberculosis is also emerging as a potential treat in the older population of the country. Although tuberculosis is seen to occur in almost all countries in the world and also, in all the age groups, but 90% of the cases appear to be adults. Among this, almost two third is found in around eight developing countries in the world with India being one and contributing to almost 27% of these cases [210, 211].

Reporting of cases of active tuberculosis is also a potential issue that hinders control of the disease. In the year 2017, only around 64% of all the incidences of tuberculosis in the world were reported and almost 36% of the cases were either not diagnosed, left without any treatments or were not reported at all. These so called “missing cases of tuberculosis” has raised great concern amongst agencies involved in eradication of the disease [212]. Given the fact that tuberculosis is more prevalent in developing countries, a large section of the diseased population does not have proper access to adequate healthcare facilities. As a result, most if not all are reliant on sputum microscopy as the sole mean for detection and diagnosis of tuberculosis. However, it is now widely known that these techniques, although economical and deployable in remote areas, has its own limitations, sensitivity and inability to distinguish different strains of the pathogen and its drug resistant variants being some of them [213]. Another major challenge faced by governments in their effort to irradiate tuberculosis is the unplanned and improper use of anti-tuberculosis drugs. This is one of the primary reasons for development of the multi drug resistant and extensively drug resistant *Mycobacterium tuberculosis* variants in the population. In this context it may be noted that India has one of the highest incidences of multi drug resistant and extensively drug resistant tuberculosis cases in the world when compared to rate of incidence of “regular” tuberculosis. [214, 215]. Needless to say, missing medical appointments for several months while on treatment is one of the most serious issues for individuals as well as the society as a whole in the domain of tuberculosis disease [216]. The emergence of multi drug resistant tuberculosis makes treatment prolonged and difficult. Its rising rate of incidence particularly in the younger population of the country hence, is a major concern and a tall hurdle in the effort to irradiate the disease from the population [217]. The other challenges are prevalence of large section of the tuberculosis patient population in rural and remote areas of the country with poor access to adequate healthcare, available private healthcare sector being largely unorganized, absence of adequate political will to irradiate the disease that is shown by various governments from time to time and prevailing corruption in the society [218]. In this context, the Stop TB campaign of the World Health Organization is a fresh, and welcoming endeavor to eradicate this disease from the earth by year 2050 [218].

Around year 2000, world has seen rapid surge in technologies for diagnosis of tuberculosis. Added to this, new and more effective medicines were developed by way of Delamanid, Bedaquiline and Teixobactin [219]. However, poor access to these newer developments remains the main hurdle in eradication of the disease from the low- and middle-income group of countries in the world, [220].

In India a National Strategic Plan [Year 2017 to Year 2025] has been adopted by the government which is a strong step towards rapidly reducing the rate of tuberculosis incidence in the country. These measures are in line with the globally launched End Tb targets and goals that collectively aims to have a TB Free India. This program aims to first rapidly reduce the incidence rate of the disease followed by its eradication by year 2025 [221]. In the year 2015, India already touched the ambitious target of reducing the tuberculosis rate of incidence by half. However, the role of drug resistant tuberculosis emerged as a major challenge in this path to achieve a TB Free status in the country.

## 8.2. Transportation of TB sputum sample: The challenges

India sharps lack in adequate number of accredited laboratories for testing tuberculosis patients in the country that makes sufficient and elaborate testing for the pathogen challenging and difficult. This includes all form of testing, viz, TB culture, detection and drug resistant testing. Out of many reasons that plague the issue, one key cause is transportation of sputum samples. Across the world, sputum is collected in glass or plastic containers with a cap and transportation is most often done at room temperature. The transportation system of sputum in countries such as India is highly unorganized and hence it often takes days to weeks before samples reach from rural India to any centralized TB testing facility in the country for advanced TB testing. This ultimately results in high level of contamination of sputum and loss of positive cultures when detected in most formats of testing [222, 223, 224]. Transportation of TB sputum samples from peripheral sites to centralized facilities is also a costly affair mainly for the need for maintaining cold chain during the process.

### 8.3. The need for a novel method of TB sputum handling system

These problems call for a new look into the age-old method of TB sputum collection, transportation and extraction of DNA for NA-based testing. There is a large unmet need for improving this age-old method of handling sputum specially for DNA-based testing and demonstrating the solution on a large population to establish its efficacy and suitability. In this context recent innovations by way of developing reagent coated cards for long term archival of sputum borne DNA is noteworthy [312]. One such product named the TBSend card has been demonstrated to align with cartridge based nucleic acid testing (CB NAAT) platform such as geneXpert and has acceptable sensitivity [313]. Further, this device is biosafe when sputum is spotted onto it and can be stored for over 6 years at room temperature with no loss of archived DNA [312].

### 8.4. Extraction of *M. tuberculosis* DNA

The microbiome resident in the respiratory environment are areas of interest in recent times due to the spreading problem of chronic respiratory infections [225]. Not just for infections but also for disorders such as chronic obstructive pulmonary disease (COPD) and bronchiectasis which include patients suffering from cystic fibrosis, sputum are invaluable samples for disease investigation [226, 227, 228, 229]. Sputum is a comparatively difficult clinical sample owing to its complex biological matrix. Hence a wide range of pretreatment protocols evolved over the time that include extensive use of solubilizing agents such as dithiothreitol [230]. The protocol for sputum DNA extraction using solid phase purification method exploits the use of silica membrane-loaded spin columns and a strong centrifugal force [231]. This method as well as those that use glass powder, diatomaceous earth and various anion exchange carriers are the popular method of extraction of nucleic acid from such clinical specimens. In almost all cases, the key steps involved are the lysis of cells, the adsorption of DNA onto the membrane, the cleaning of the membrane using various wash buffers followed by elution of the DNA [232].

Molecular biology and related technologies offer the unique advantage of performing microbial diagnostics without going through the cumbersome process of bacterial culture which is not only expensive but also time consuming. In cases of human disease when biopsy based clinical samples are involved, irrespective of the method that is employed for extraction of a bacterial pathogen DNA, the extracted analyte is almost always a mixture of host and pathogen DNA intermingled together [233]. Extraction of bacterial DNA from human tissue samples is indeed a challenge and hence quite understandably, there are extremely few if any, discrete kit or set of reagents available that is exclusively dedicated to such extraction of microbial pathogen DNA from human tissue. A wide spectrum and variety of methods are hence reported for such extraction of human microbial pathogen DNA. This includes enrichment of nuclei for differential isolation of microbes [234], various in-house DNA extractions [235, 236, 237, 238, 239], a range of commercial kits [240] and use of several of these platforms together in home brew format [241, 242]. Absence of a perfect and globally standardized method has raised the possibility of generation of false negatives particularly when Polymerase Chain Reaction is used for detection, where (lack or presence of) inhibitors play a crucial role in the detection process [243]. This issue is the primary reason for the use of internal control amplification strategy. In this strategy a known DNA apart from the pathogen to be detected, is targeted using primers and probes in a polymerase chain reaction. Successful and simultaneous amplification of this “other” DNA indicates absence of an inhibitor that often get carried over during the extraction process. This internal control-target can be a gene segment of the host DNA [244], a synthetic, laboratory-cultured, pure plasmid DNA [244, 245] or any other, unrelated bacterial DNA that is externally added to the reaction [246].

It is important to note that while an internal control reaction using an alternative and unrelated amplification target can successfully indicate the status of inhibition during a thermal cycling process, it is in no way a guarantee that the pathogen DNA, originating from cells which are deeply embedded inside the tissue, will also be successfully detected. This is particularly important for *M. tuberculosis* for several reasons. *M. tuberculosis* cells grown in synthetic medium in the laboratory has extremely complex cell wall composition [237, 238, 239]. Pathogenic bacterial cells that are residing within a phagosome, within a host cell or inside a granuloma require a range of extraction reaction steps to successfully extract the DNA. If these special steps are not applied, the release of DNA from the pathogen microbes will be suboptimal. Yet another cause for very low target pathogen DNA is overall low bacterial burden in cases of paucibacillary diseases such as tuberculoid leprosy. These are few of the prime reasons for the development of a range of methods for extraction of DNA from microbes with special reference to human tissue as the source.

Real Time PCR is one of the most popular methods of detection of *M. tuberculosis* DNA. This is due to the fact that this technique is accurate, sensitive and fast. It is widely agreed that tuberculosis being a health problem prevalent worldwide, its early detection is essential for optimal control of the disease [250, 252, 253]. Real Time PCR has the capability to not only detect the pathogen but also detect its drug resistant variants when DNA is extracted from clinical samples originating from tuberculosis patients [247, 249, 251, 262, 263, 264, 265]. However, this calls for high quality

extraction of DNA from the clinical samples. For this reason, several strategies are employed. This includes use of proteolytic enzymes such as proteinase K, detergents, heat treatment and combination of these agents [247, 248, 251, 254, 256, 257, 258, 259, 260, 261, 263, 266]. One of the most popular techniques for lysis of *M. tuberculosis* cells during the process of DNA extraction is heating infected sputum in presence of Tris chloride and EDTA [256]. A range of commercial kits are also available that generate acceptable quality of *M. tuberculosis* DNA. These are the PrepMan ultra extraction from Applied Biosystems, Inc., Foster City, CA, bacterial cell lysis extraction method from Infection Diagnostics, Inc. Quebec, Canada, QIAmp DNA mini kit manufactured by QIAGEN, Inc., Valencia, CA, a sodium dodecyl sulfate (SDS) and Triton X mixture-based DNA extraction process [255] and use of the method of sonication in the presence of SDS and Triton X 100.

During the past several years, several national programs aimed to popularize *M. tuberculosis* drug sensitivity testing (DST) program for improved surveillance in low- and medium-income countries faced severe challenges. This include the high infrastructural cost of performing DST with proper biocontainment facilities that is mandatory for detection of *M. tuberculosis* complex members using culture and other phenotypic DST techniques (pDST). In current times, for detection of drug resistant tuberculosis, molecular probes are employed. This includes genotypic drug sensitivity testing or genotypic DST such as GeneXpert MTB/RIF and Hain Line Probe Assay (LPA). The other popular method of DST is the culture method that include MGIT liquid culture or LJ solid culture. However, these methods are laborious and time consuming [267, 268, 269, 270]. The potential advantage of use of molecular probes coupled with high-end engineering efforts to automate processes have made detection of Tuberculosis by MTB/RIF and Xpert MTB/RIF Ultra assays (GeneXpert (Cepheid, Sunnyvale, CA, USA), ) feasible and possible. They are operated using automated machines that provide data in sample-to-result format. But, the Xpert assay, particularly the older version of it is not comprehensive and does not cover the entire spectrum of drug resistant *M. tuberculosis* mutations. Instead, it covers selected genes and their mutations for predicting *M. tuberculosis* drug resistance. Given the fact that this has important considerations from the point of view of treatment, another test has eventually come into vogue. The GenoType MTB DR plus and the MTB DR manufactured by Hain Life science, Germany provides a viable alternative by covering almost all relevant mutations within the *M. tuberculosis* genome that are related to drug resistant tuberculosis.

In recent years, there is an increased interest in high end sequencing-based *M. tuberculosis* drug sensitivity testing in both low as well as high tuberculosis-burden countries. This has led to the popularity of next generation sequencing as a potent technology to provide extensive coverage of drug resistant mutations within *M. tuberculosis* genome. Apart from the high cost and requirement for high end infrastructure, the other most important hurdle in further popularizing this technology is the need for high quality pathogen DNA. This therefore calls for prior extraction of DNA from the clinical sample after culturing it in a *M. tuberculosis* specific medium [271, 272]. The reason for this apparent handicap is the contamination of the pathogen DNA with host nucleic acid which get co-extracted when the clinical sample is subjected to direct nucleic acid extraction. However, when the clinical sample is subjected to culture using medium that exclusively support *M. tuberculosis* growth, most of the contaminating cells die leaving behind pure *M tuberculosis* cells which are then used for extraction of DNA. In this context it is worth noting that when clinical samples infected with *M. tuberculosis* is cultured then only those variants or species that respond to culture are represented in the grown culture and hence is not a true representative of the actual microbial flora of *M. tuberculosis* present in the clinical sample [272, 273, 274].

### 8.5. Molecular detection of *M. tuberculosis*

A good treatment demands quick and accurate detection of pathogen along with its response-behavior towards crucial drugs. Further, the need for its adaptability to resource limited setting also hold a crucial role with regard to its usefulness in countries such as India. [275]. The process of culture-based detection has now become rapid and more efficient. Techniques such as matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF-MS) has evolved for accurate identification of the pathogen.

Rapid advancement in the molecular detection technologies has dramatically reduced the time for detection of tuberculosis pathogen from weeks to hours. [276, 277]. A majority of protocols detect the DNA or RNA of this pathogen by various amplification technologies and also determine its drug susceptibility by either amplification or hybridization-based methods [278].

The National Rural Health Mission [NRHM] was started in the year 2005 in India with a special aim of providing quality healthcare to rural population of India [279]. The basic aim of this movement still holds true for control of tuberculosis in this country. Available technologies are lesser in number when economical and accurate Tb detection methods are considered that are easily adaptable to rural settings of the country. In this scenario, focus into newer methods of

detection of *M. tuberculosis* that can be decentralized to village level and can adapt itself to resource limited settings is the need of the hour.

The process of polymerase chain reaction or PCR that is now widely acknowledged as the backbone of molecular biology, is one of the most sensitive and accurate method of detecting *M. tuberculosis* using its genome as the analyte. This is particularly useful when the quantum of microbe is low and hence require an ultra-high degree of sensitivity [280]. For *M. tuberculosis*, the most popular and effective DNA marker is the IS6110 insertional element that is present in the *M. tuberculosis* genome in multiple copies. More importantly, this target is found exclusively within the *M. tuberculosis* complex thus aiding in specificity towards the species that is responsible for the disease [281].

In the diagnostics of *M. tuberculosis* there are frequent variabilities encountered which are mostly due to variation in the quality and quantity of DNA extracted from clinical samples [282]. In order to incorporate molecular diagnostics of tuberculosis in routine diagnostic protocol for infectious diseases, it needs to be simple, highly effective and with steps that can effectively remove inhibitor molecules that can retard or stop the process of PCR.

In the past few decades, the tuberculosis diagnostics community has seen the development of a method that is internationally standardized and intended for generating DNA fingerprint of *M. tuberculosis* [283]. This technology has allowed the scientific community to get greater insights into the dynamics of tuberculosis epidemics and allowed comparison of different strains of the pathogens that spread during onset of the disease in a population in the world [284, 285].

However, one of the side effects of this world-wide focus on understanding the *M. tuberculosis* genome was large scale extraction of DNA from the pathogen in all the laboratories working in this domain. This essentially raise major biosafety issues since it was not unequivocally proven that the pathogen when heat killed, was biosafe for the person who is processing the clinical samples. It was believed by a section of the scientific community that the pathogen may remain live and active when placed within the interphase region of the organic extraction tube thus rendering the operator of the process susceptible to contracting the disease [286]. The simplest and most practical solution for this problem was the suggestion to use a biosafety level 3 facility. This facility has provision to adequately protect an operator from pathogen infection However, setting up such a facility in all the laboratories was not only expensive but impractical owing to the sophistication involved in the infrastructure. [286].

Since a decade, the field of *M. tuberculosis* has seen dramatic development of newer molecular diagnostic tests. Colloquially referred to as the Nucleic Acid Amplification Tests or the NAATs, these tests use amplification of its intended genome target as one of the first steps towards detection. These technologies have disrupted the *M. tuberculosis* diagnostics with low cost, and highly efficient solution for detection of the pathogen [287, 288]. Several of these technologies, including the ubiquitous polymerase chain reaction-based ones, are currently available in the market.

The Line probe assays (LPA) are one of the most popular *M. tuberculosis* diagnostic tests that detect resistance towards the first-line antituberculosis drugs (for MDR-TB) [289]. The tests include the GenoType MTBDRplus (Hain Lifesciences-Bruker, Nehren, Germany) and the Nipro NTM\_MDRTB II (manufactured by Osaka, Japan)]. Presently, more sophisticated version of the line probe assay has arrived in the market (GenoType MTBDRsl version 2.0; Hain Lifesciences-Bruker) that can detect mutations conferring resistance to amikacin, kanamycin and capreomycin. Therefore, this test is widely recommended by clinicians for taking important tuberculosis-related therapeutic decisions [289].

Yet another technology that is used for detection of *M. tuberculosis* is the Loop-mediated isothermal amplification. This test requires minimal infrastructural need [290] and can be adapted in peripheral settings of the country. The technology was developed by Eiken Chemical Company located at Tokyo, Japan and has been recommended by the World Health Organization (WHO [291]) as a potent substitute for smear microscopy because of its high level of diagnostic accuracy compared to smear microscopy methods. However, despite its apparent advantages, this technology still remains under-utilized by the global *M. tuberculosis* diagnostic community [292].

In the year 2010, the world health Organization officially approved the use of Xpert MTB/RIF (Cepheid, Sunnyvale) [293] as a real time PCR based test for detecting *M. tuberculosis* and its drug resistant variants based in mutations present in the *rpoB* gene. In the year 2017, WHO further recommended Xpert Ultra (Cepheid) (Ultra), an improved version of the earlier test with larger coverage of drug resistant genes and mutations. It was recommended for children & adults irrespective of their HIV-1 co-infection status and was suggested for use over smear microscopy and culture [294].

Yet another technology that is effective for diagnostics of *M. tuberculosis* is known as the Simultaneous amplification and testing method [295, 296]. Extensive studies have demonstrated that the efficacy for detection of *M. tuberculosis* by this method is cent per cent [297, 298]. This suggest that the assay platform has huge potential for clinicians involved in treatment of tuberculosis. Further to this, this technology uses *M. tuberculosis* RNA instead of DNA as the analyte. Since presence of RNA in an organism is indicative of its living status, it is concluded that this technology detects live *M. tuberculosis* bacilli in clinical sample.

One of the hallmarks of modern DNA based drug sensitivity testing platforms for *M. tuberculosis* is the drastic reduction in time required to get the results. This is in stark difference to the DST by culture method where the turnaround time for getting the results is long.

In the year 1970, DNA sequencing evolved as a potent platform for determining the nucleotide sequences of DNA fragments [301]. However, the technology lacked desired high throughput and had limitations by way of cost incurred per gene that was analyzed. This led to the development of the next generation sequencing (NGS) or the massive parallel sequencing technique [302]. This technology, although expensive, now plays a key role in epidemiological investigations of tuberculosis. *M. tuberculosis* drug susceptibility testing. This issue is now well covered by the NGS technology platform *albeit* with some recognized disadvantages that is discussed elsewhere [303, 304, 305].

Apart from NAAT tests that address DST in *M. tuberculosis*, another technology platform that provides result in a very short period of time is flow cytometry. This technology platform is very promising and is often labelled as one of the best choices for rapid detection as well as quantification of a large number of microbes present in the environment, in food substances and also in human clinical samples [299, 300]. In the year 1995, Norden and his coworkers [306] first described flow cytometry as a quick test for determining drug susceptibility in *M. tuberculosis*. They employed the chemical Fluorescein Diacetate and tested *M. tuberculosis* strain H37Ra that is known to be susceptible to all anti tuberculosis drugs and substantiated the reports of other authors working in the domain of *M. tuberculosis* drug resistance testing [307, 308]. Although flow cytometry is proven to be a rapid and useful test, its operations raised significant biosafety concerns which led to the recommendation that samples should be treated with paraformaldehyde prior to flow cytometry analysis [309].

Another variant of the flow cytometry method of testing *M. tuberculosis* drug susceptibility is the use of SYTO 9 stain and prior heating of the clinical samples to kill the active and living *M. tuberculosis* bacilli. This addressed the much-required biosafety concern related to this platform. SYTO dye has the property to bind to microbial DNA leading to marked enhancement of its fluorescence. For this test, samples were treated with different drugs and latter screened with the SYTO dye. Those bacilli that were susceptible to a drug got killed allowing the SYTO dye to stain its genome and fluoresce [310]. With the course of time the dye was replaced with fluorescent nanoparticles which has fluorescent properties and were far superior compared to conventional dyes. Another version of this test platform used the SYTO 9 dye, propidium iodide and ethidium monoazide and effectively discriminated between live, drug injured and dead *M. tuberculosis* bacilli. [311].

The evolution of the techniques of DNA and RNA extraction from biological cells is one of the most significant milestones in the long path of development of molecular diagnostics. The availability of clean and sufficient DNA provoked the scientific community to develop sensitive and automated detection platforms. These innovations demonstrated wonder harmony between chemistry and mechanics. Their developments benefitted a large section of the diseased community and ambitious plans such as eradication of tuberculosis from India as much as from the world can only be made due to the unparallel development of nucleic acid extraction and its detection technology that took place over the years.

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## 9. Conclusion

Extraction of nucleic acids from a wide range of biological sources is now an integral part of all research laboratories across the world that are involved in molecular diagnostic research of genetic and infectious diseases. This review provides a glimpse at the technologies that evolved with time to extract pure DNA and RNA from challenging biological sources which formed the basis for development of complex and sophisticated detection technologies in a wider spectrum of analytical platforms. A special reference has been made to the extraction of nucleic acid as an analyte for *Mycobacterium tuberculosis* and different detection methods available for detecting it. This narration provides a concise description of few of the fundamental aspects of human molecular diagnostics with special reference to tuberculosis, a life-threatening disease that has infected an estimated number of 10.6 million people worldwide in the year 2022 that include 5.8 million men, 3.5 million women, and a high of 1.3 million children across the globe as per the World Health Organization (WHO) (<https://www.who.int/news-room/fact-sheets/detail/tuberculosis>).

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## Compliance with ethical standards

### *Acknowledgement*

The authors thankfully acknowledge the infrastructural facilities provided by SN GeneLab Private limited and the electronic scientific review facilities made available by Wobble Base Bioresearch Private limited for writing this review article.

### *Disclosure of conflict of interest*

The authors declare that they have no conflict of interest.

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